

Govt. National College, Sirsa

Hisar Road, Opposite Bus Stand, Sirsa

Specific Facilities Provided For Women & Related Photos



7.1.1 Specific facilities provided for women in terms of:

- a. Safety and security**
- b. Counselling**
- c. Common rooms care**
- d. Day care centre for young children**
- e. Any other relevant information**

a. Safety and security

- Security guards are deployed at the main gate and students with valid identity cards are allowed to enter the campus.
- The college campus is under continuous surveillance with high end CC cameras installed at prominent locations i.e. Corridors, library, computer laboratories and a large number of class rooms.
- Women faculty members accompany girl students when they participate in curricular or co-curricular activities outside the college.
- Women faculty members accompany girl students when they go on tour or field trip.
- The college ensures proper constitution and functioning of Committee for Prevention of Sexual Harassment, Anti-Ragging Committee and Grievance Redressal Committee.
- The security guard at the gate ensures 24 hours security for the inmates of girls' hostel. CCTV cameras are installed at prominent locations.
- The teachers are assigned different areas of the college for proctorial duties to maintain discipline.
- Lectures on sexual harassment and various laws related to protection of women are organised.

b. Counselling

- Women faculty members of the Department of Psychology provide counselling to the girl students.
- Every student is assigned a mentor. The mentors counsel the mentees regarding academics, career options and career plans. The mentors also provide support and encouragement to the mentees and help them find solutions for their problems.
- Heads of the departments monitor the progress and behaviour of the students. The women faculty members of the department counsel the students.
- Guest lectures on mental well being are arranged.
- Physical and Mental Health check-up camps are organised.

c. Common Room

- The college has two air conditioned common rooms for girls.
- Wash rooms for girls are provided in every block of the college.
- College library has separate reading space for girls.
- College Canteen has separate seating space for girls.
- Sanitary napkin vending machines are installed in the common rooms.

d. Day care centre for young children

e. Any other relevant information:

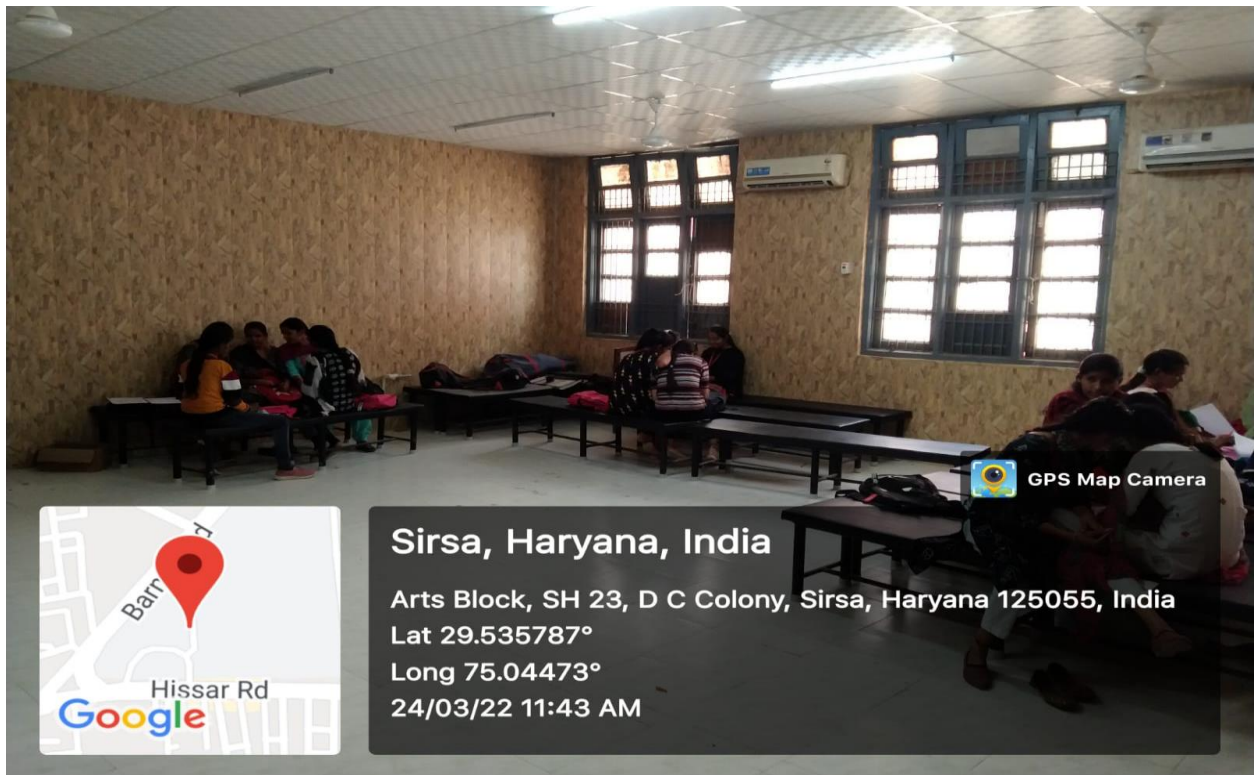
- **Activities conducted to promote gender equity during the year are :**
- A 'Physical and Mental Health Awareness Camp' was organized under Women Cell dated Jan. 28-29'2021.
 - Dr. Rachna Sangwan (Gynaecologist) discussed various women health problems including menstrual hygiene,

PCOS/PCOD, HPV Screening and vaccination in reproductive age.

- Dr. Rachna Aggarwal created awareness among the students about Nutrition, healthy diet and effects of balanced nutrition on health of girl students.
- In an attempt to create awareness about physical and mental health, yoga session was organized on 29/01/2021. Role of exercise and yoga in day to day life with special reference to regulation of menstrual cycle was discussed in the session by Yoga Instructor, Smt. Krishna Singh. Various types of asanas, pranayam and meditation were practiced during the session.
- In the last session, Senior Inspector, Ms. Manju Singh addressed the issue of girl safety and threw light on various laws and regulations regarding crime against women..
- A Poster making Competition and Slogan writing Competition were organized under Women Cell on 11/02/2021 on the topics related to nutrition, yoga, environment, women empowerment and effects of coronavirus
- With the objective of improving the culinary skills of the students, a Cooking workshop was organized on 12.02.2021. The students can improve these skills and turn them into profitable professional opportunity.
- Poshan Mah was celebrated. The events organized were: tree plantation, yoga session and skit on malnutrition. The aim was to create awareness about malnutrition and its ill effects especially on girls and the children. Resource person was Dr. Minaxi from the Dept. of Psychology.

- In the festive season, four festive décor competitions were organized on 22.10.2021. The purpose was to create a belongingness towards our rich culture and 9 teachers have coordinated and develop
- Udhyami bazaar on 23.10.2021 in which 70 students have participated and 10 teachers have coordinated-----It was organized with the main objective of providing a platform to the students to inculcate entrepreneurial skills, organizational skills and improving their leadership skills
- Camp for testing the HB of girl students on 13 December 2021 in collaboration with the YRC committee. A team from Garg Pathology Lab. checked the HB level of 154 students .
- Extension lecture on nutrition and anaemic status of women was conducted in collaboration with YRC committee on 13 December 2021.
- A Painting Workshop from 14.12.2021 to 16.12.2021.

Girls Common Room –I, Arts Block



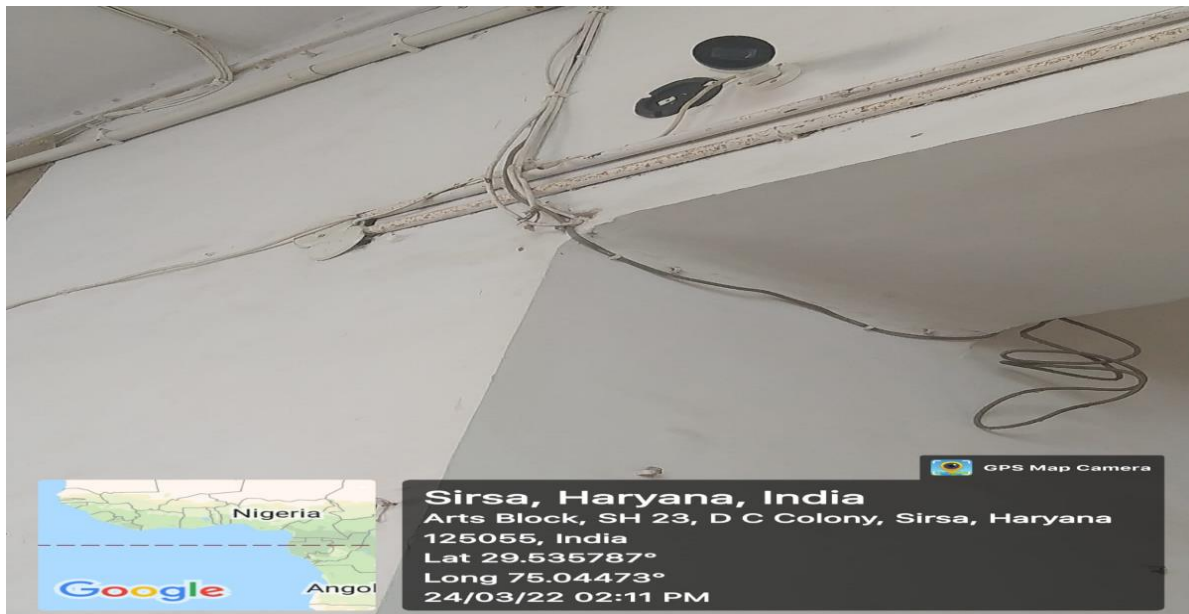
Girls Common Room –II, Science Block



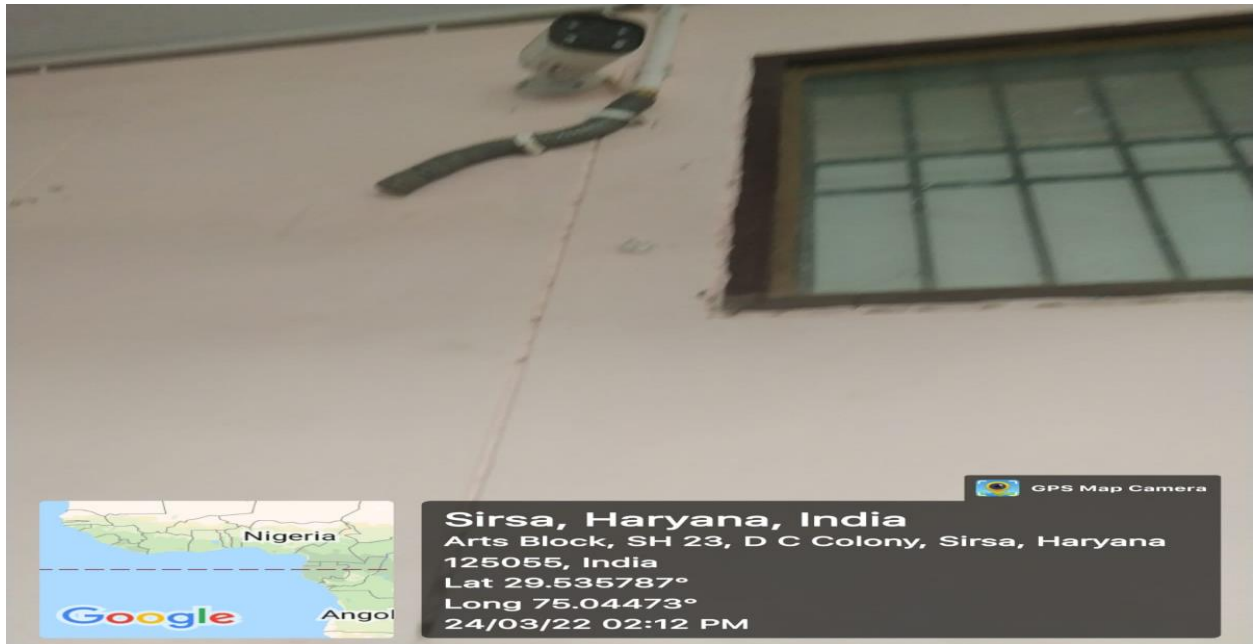
CCTV Camera, Science Block



CCTV Camera, Administrative Block



CCTV Camera, Commerce Block



CCTV Camera, Room Number 204, Commerce Block



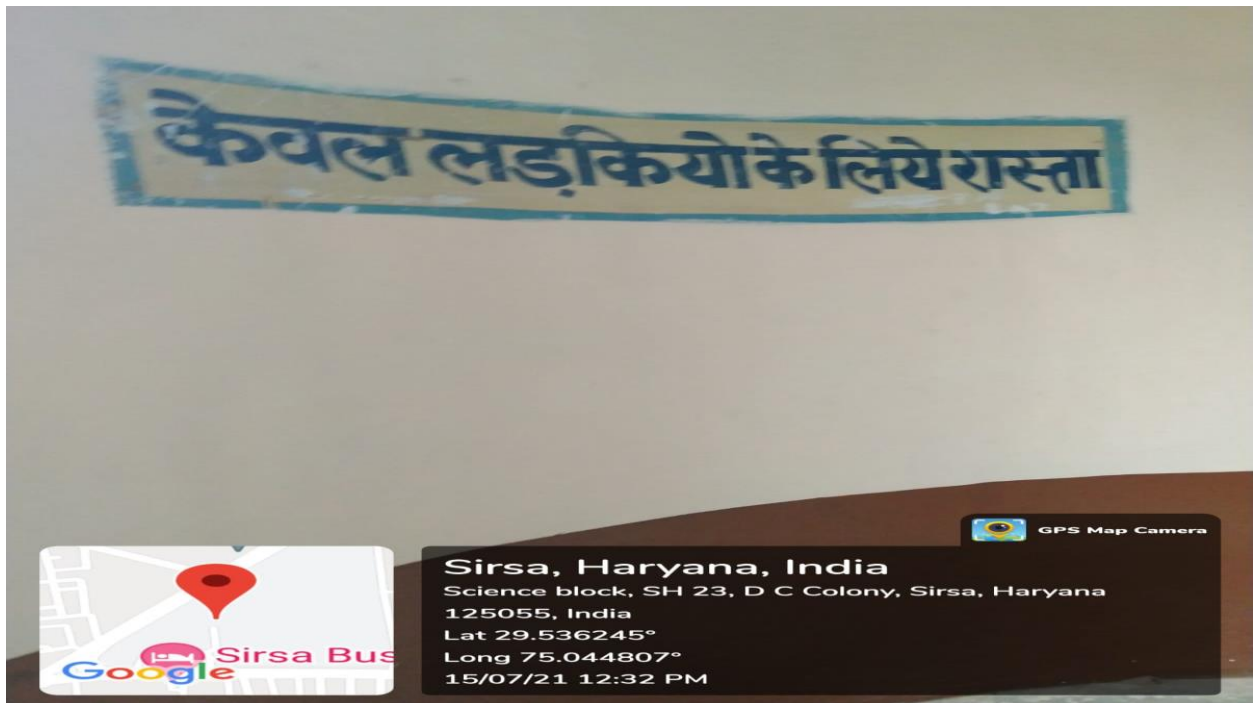
College Main gate, Students with valid IDs allowed



Girls Hostel, Restricted Entry



Separate passage for Girl Students



Sanitary Napkin Vending Machine, Common Room-II, Science Block

